

ELEMENTARY

Example of how to support the development of personal and social competencies

Develop their conflict resolution skills

Mr. Alain teaches Elementary 3. In early October, he would like to cover **conflict resolution** with his group of students.

CONTENT

CYCLE TWO

8-10 years old

Structured educational intervention

- Alain plans to teach conflict resolution after morning recess.
- He encourages his students to calm down using a relaxation technique.
- He initiates a discussion with them about the conflicts they experience at school, the emotions these conflicts evoke, and the physical sensations associated with these emotions.
- Referring to the content sheet, he decides to show them an approach to conflict resolution to equip them to make appropriate choices when conflict situations arise.
- He suggests a team activity that enables the students to integrate and apply the approach to real-life situations.
- With his students, he makes a poster that illustrates the steps of the approach and displays it on the classroom wall.

Reapply what was learned in other subjects

- In the same week, Alain reuses the steps of the conflict resolution approach during an English class.
- The students write a story about a conflict between two characters and the possible strategies for resolving it.
- The activity wraps up with volunteers who present their work in front of the class.

Collaboration with parents

- By writing a note in the agenda, Alain informs parents of the approach and describes how it is addressed in class. He encourages them to use it with their child.

**Putting competencies into practice in everyday life,
modelling by an adult, collaboration between school
staff and leadership of the administration**

- Every time a conflict arises, Alain refers his students to the poster on the wall.
- He uses the same approach during his interventions with students to model how to proceed.
- He shares with his colleagues the activities he has carried out with his students in order to reinforce the application of the learning in everyday life.
- The school climate committee, with the support of the staff, decides to display the conflict resolution approach in the employees' office.
- The principal encourages all staff to use this approach with all students in the school as well as with colleagues.